

13th Annual Walk and 5K for Autism Awareness Saturday, October 3

FAQs

What is the Bill & Virginia Leffen Center Walk for Autism Awareness?

The Leffen Center Walk for Autism Awareness is fueled by the love and support of families, friends and community members like you. Every step you take and every dollar you raise help enhance the lives of individuals with autism, allowing access to treatment that would not otherwise be available.

What do I do when I arrive on the day of the event?

- If you pre-registered, check in at the marked table. If you did not pre-register, registration will be available.
 - You will receive an agenda for the day as well as an autism awareness bracelet and support ribbon.
 - You can make and/or turn in any additional donations.

What can I expect on the day of the event?

- The event will be outside at the Fred G. Hughes Stadium on MSSU's campus.
- Opening ceremonies will begin at 10:00 am, and the walk will begin after a countdown.
- The walk route is one mile and noncompetitive, so you can tailor the length and pace to meet your needs. The 5K is noncompetitive, as well.

What will the environment of the event be like?

- This year's event will be outdoors. The area will be made as sensory friendly as possible, but it could be overwhelming for some. Please bring earwear for those who might need it.
- Light music will be playing and announcements will be made from the stage.
- Raffle items and merchandise will be sold the day of the event. Please bring cash or a check if you are interested in purchasing anything.
- Complementary refreshments will be available. Please feel free to bring snacks for your child, as well.
- There will be activities for kids and resources available for families. This is really a time for you and your team members to join together and celebrate the reason you are walking with Leffen Center!

Checklist

Choose a team name . Consider dedicating your team in honor of a loved one with autism.
Register your team on leffencenterforautism.com and begin fundraising as early as possible.
Set team and individual fundraising goals and pass out individual fundraising packets.
Brainstorm potential team fundraising activities and select at least one to do together. Set a date
and time, if possible.
Delegate tasks to your team members and determine the best way to keep in touch.
Design and make team t-shirts.
Learn about the Bill & Virginia Leffen Center for Autism mission and encourage others to visit
leffencenterforautism.com to learn more.
Share the story of why you are walking with the Leffen Center on Facebook and Instagram
#Steppin4Leffen.